

The First Sin

The Fall

Genesis 3:1-24

Character Trait: Obedience

(Estimated Lesson Time: 90 minutes)

Objectives:

- Children will identify that sin is anything we think, say or do that displeases God.
- Children will recall the consequences of Adam and Eve's sin.
- Children will discuss ways in which God loves and protects us.

Supplies:

- *The First Sin* loaded onto a tablet or phone in the *Bible App for Kids*
- Red crayons
- Paper
- Small piece of red construction paper *(for younger children, optional)*
- Pens and/or pencils

Welcome Activity:

(5 minutes)

Welcome the children. Ask the children to raise their hand if they saw a stop sign or traffic light on their way over to class. Ask them if their mom, dad or family member asked them to follow a rule today.

SAY: Rules and safety signs are designed to help us. They keep us safe from harm.

Review:

(5 minutes)

Guide the children in a brief review of the previous lesson by asking the following questions:

- **What did God create?** *(Everything)*
- **What is God's most treasured creation?** *(People, us)*
- **Why are we so valuable?** *(God created people in His image, and He loves us so much.)*

Today's Bible Story:

(10-15 minutes)

Show *The First Sin* from the *Bible App for Kids* or share the story aloud:

- The first man and woman, Adam and Eve, lived in a beautiful garden that God made for them.
- But Satan came as a crafty serpent and tempted Adam and Eve...
- "Did God say you must not eat the fruit from these trees?" the serpent asked Eve.
- "Just the tree in the middle," Eve replied. "If we eat from it, we'll die."
- "You won't die!" said the serpent. "There's a reason why God doesn't want you to eat from that tree. If you do, you'll be like Him. You'll know what He knows!"
- Eve ate the fruit.

- She gave some to Adam, who was with her.
- He ate it, too.
- And at once, they knew things they had never known before.
- One thing they knew was that they were naked!
- They sewed leaves together to cover themselves.
- They'd never felt fear or shame before, so they knew something was wrong.
- "Adam!" God called. "Eve!"
- "We're hiding," said Adam. "We're naked."
- "You know that because you ate from the tree," God sighed.
- Then Adam blamed Eve, and Eve blamed the serpent.
- God said, "Serpent, you must crawl on your belly. A woman's son will defeat you. Eve, childbirth will be painful. Adam, growing food will be difficult."
- Then God made clothes for Adam and Eve and sent them out of the garden.
- He put an angel with a flaming sword there, so they could not return.



Discussion:

(15 minutes)

Encourage the children to think more about the story by asking the following questions:

- **Who made the beautiful garden where Adam and Eve lived?** *(God)*
- **Satan came to deceive Eve in the form of a snake/serpent. What did the serpent say to Eve to tempt her to eat the fruit?** *("Did God say you must not eat the fruit from these trees?... You won't die! There's a reason why God doesn't want you to eat from that tree. If you do, you will be like Him. You will know what He knows.")*
- **What happened because of Adam and Eve's disobedience?** *(Childbirth would be painful. Growing food would be difficult. They were sent out of the garden.)*
- **How did God punish the serpent?** *(He will have to crawl on his belly for the rest of his life.)*
- **What did God say would happen to the serpent (Satan)?** *(God said that a woman's son will defeat Satan.)*

SAY: God loved Adam and Eve. He provided them with food to eat, work to do and a beautiful garden to enjoy. Adam and Eve sinned when they chose to disobey God by eating from the forbidden tree. Sin is anything we think, say, or do that displeases God. Sin brought pain and death into the world, but God made a promise for the future.

SAY: God knows so much more than we will ever know, including what is best for us. He loves us very much that He created rules to help protect and keep us. One of the most important ways we can show God that we trust Him is by choosing to learn and follow His rules. We can choose to obey and follow God.



God's Bigger Story:

(5 minutes)

SAY: God loves and wants to protect us. He created rules to help keep us safe. But the first man and woman did not follow God's rules. They disobeyed God and this broke the relationship between God and the people He loved very much.

Memory Verse:

(10 minutes)

So the LORD God *(point both hands up)*
banished them from the Garden of Eden *(cross arms at wristswith closed fists)*,
and he sent Adam out to cultivate the ground *(hit fist twice on palm)*
from which he had been made *(pretend to form a ball with your hands)*."

Genesis 3:23 (NLT)

Activity:

(15 minutes)

SAY: God was very clear. He told Adam and Eve not to eat fruit from the tree in the middle of the garden. Adam and Eve knew what was right, but they chose to disobey God.

SAY: We will play a game that demonstrates this same thing. It is called "Simon Says." You are to do any action that begins with the phrase "Simon Says." But if you complete an action that does not begin with this phrase, you are "out" of the rest of the game, just as Adam and Eve were sent out of the garden.

Continue the game as time permits or until only one child remains.

Response Activity:

(10 minutes)

Give each child a piece of paper and a red crayon. Ask them to draw or write something. It can even be as simple as just a mark on the paper. Next, ask them to erase it.

SAY: Our choices are like the red mark on the paper. We might try to hide or ignore bad choices we make. But like Adam and Eve, who tried to hide from God in the garden, nothing we do can take away or completely undo our choices. Only God can forgive sin.

For younger children...
Instead of asking younger children to draw, provide each child with a small piece of red construction paper instead. Then, ask them to erase the red from the paper.

For older children...
Extend the activity for older children by instructing them to write the memory verse somewhere on their paper. Then, tell them to circle the word "cultivate."

SAY: After Adam and Eve sinned, Adam had to cultivate the ground in order to grow food. Cultivate means to tend and take care of something. The most important thing any of us can do is cultivate our personal relationship with God.

Challenge children to identify specific ways to do this.

Character Trait: Obedience

(10 minutes)

SAY: God provides rules, commandments and people to help us learn because He is good and loves us.

Encourage the children to think more about obedience by asking the following:

- **In what ways is God protecting you?** *(Answers will vary.)*
- **What does this say about how He feels about us?** *(God wants to protect us because He loves us.)*
- **How does choosing to obey Him show how we feel about God?** *(Obeying God shows that we love and trust God. We think He is good and right.)*

Connect with Others:

(5 minutes)

SAY: Think about the people who take care of you. What kinds of rules do they have in place to help keep you safe? Think of some specific ways you can thank them for their love and protection.

Closing:

(2 minutes)

SAY: God loves us and wants us to obey the rules He has created to protect us.

When sin entered the world, it created separation between God and humans, but God had a plan to defeat sin. God always loves us, and He never stops caring for us. Even when we sin and disobey Him, God is faithful to forgive us when we say we are sorry and ask Him for forgiveness.

Prayer:

(2 minutes)

SAY:

Dear God,
Thank you for loving us so much that you created rules to keep us safe. Help us stay strong against temptation and forgive us when we sin. Instead, may we always choose to trust and obey you.
Amen.

Notes